

# Bath County Public Schools

## OCTOBER 2009 BREAKFAST & LUNCH MENU

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

*All breakfasts are served with a choice of fruit or juice. All meals are served with a choice of milk.*

*Menus are subject to change, depending on prices & availability of food items.*



**BCHS  
OFFERS  
SALAD BAR.**

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**1**  
**BREAKFAST:**  
Sausage Biscuit/Gravy

**LUNCH:**  
Cheeseburger on Bun (L/T/M), Tator Tots, Tossed Salad, Haystack

**2**  
**BREAKFAST:**  
Scrambled Eggs, Lil Smokies

**LUNCH:**  
Spaghetti w/ Meat Sauce, Green Beans, Carrot Sticks w/ Dip, Breadsticks, Choice of Fruit

**5**  
**BREAKFAST:**  
French Toast Strips, Syrup

**LUNCH:**  
Stuffed Crust Pizza, Broccoli, Tossed Salad, Whole Wheat Cookie

**6**  
**BREAKFAST:**  
Breakfast Pizza

**LUNCH:**  
Corn Dog, Scalloped Potatoes, Spinach, Pineapple Salad, Graham Crackers

**7**  
**BREAKFAST:**  
Cereal, Toast

**LUNCH:**  
Bar-b-Que on Bun, French Fries, Slaw, Peaches

**8**  
**BREAKFAST:**  
Sausage Biscuit/Gravy

**LUNCH:**  
Turkey/Gravy on Bread, Mashed Potatoes, Green Beans, Mandarin Oranges

**9**  
**BREAKFAST:**  
Manager's Choice

**LUNCH:**  
Fajita Wraps w/ Salsa, Sour Cream, Grated Cheese, Rice Pilaf, Bean Salad, Choice of Fruit

# National School Lunch Week

**12**  
**BREAKFAST:**  
Scrambled Eggs, Biscuit

**LUNCH:**  
Hot Dog on Bun w/ Chili, Pasta Salad, Green Beans, Assorted Fruit

**13**  
**BREAKFAST:**  
Pancakes w/ Syrup

**LUNCH:**  
Baked Potato w/ Chili/ Cheese/Sour Cream, Broccoli Florets, Whole Wheat Roll, Fruit

**14**  
**BREAKFAST:**  
Breakfast Pizza

**LUNCH:**  
Chicken Tenders, Macaroni & Cheese, Cole Slaw, Biscuit, Choice of Fruit

**15**  
**BREAKFAST:**  
Sausage Biscuit, Gravy

**LUNCH:**  
Cheeseburger on Bun (L/T/M), French Fries, Veggies w/ Dip, Whole Wheat Sugar Cookie

**16**  
**BREAKFAST:**  
Cereal, Toast

**LUNCH:**  
Stuffed Crust Pizza, Corn, Tossed Salad, Sherbet

**19**  
**BREAKFAST:**  
Scrambled Eggs, Toast

**LUNCH:**  
Popcorn Chicken, Baked Potato, Tossed Salad, Biscuit, Fruit Choices

**20**  
**BREAKFAST:**  
Breakfast Pizza

**LUNCH:**  
Cheeseburger on Bun (L/T/M), French Fries, Baby Limas, Fruit

**21**  
**BREAKFAST:**  
Cereal, Muffin

**LUNCH:**  
Vegetable Soup/ Crackers, Grilled Cheese, Fruit

**22**  
**BREAKFAST:**  
Sausage Biscuit

**LUNCH:**  
Manager's Choice

**23**  
**BREAKFAST:**  
Pancakes w/ Syrup

**LUNCH:**  
Fish, Macaroni & Cheese, Cole Slaw, Biscuit, Fruit

**26**  
**BREAKFAST:**  
Egg/Cheese Biscuit

**LUNCH:**  
Stuffed Crust Pizza, Corn, Tossed Salad, Fruit Cobbler

**27**  
**BREAKFAST:**  
Breakfast Pizza

**LUNCH:**  
Hot Dog on Bun w/ Chili, Vegetarian Beans, Cole Slaw, Fruit

**28**  
**BREAKFAST:**  
Cereal, Toast

**LUNCH:**  
Taco Salad, Mexican Rice, Peas/Carrots, Fruit Choice

**29**  
**BREAKFAST:**  
Sausage Biscuit, Gravy

**LUNCH:**  
Hot Pocket, French Fries, Green Beans, Fruit Cocktail, Graham Crackers

**30**  
**BREAKFAST:**  
Cheese Toast

**LUNCH:**  
Chicken Tenders, Mashed Potatoes, California Blend, Biscuit, Fruit